

## Green Drink

½ tbsp organic kale powder

½ tbsp organic spinach powder

½ tbsp organic celery powder

½ tbsp organic broccoli powder

1 tsp Complete Paleo protein powder (optional)

1-2 tbsp date syrup

Organic coconut water (optional)

Fill a “BlenderBottle”  $\frac{3}{4}$  with water. Add date syrup, all 4 vegetable powders and Complete Paleo to BlenderBottle and shake to mix ingredients. Top off the mixture with coconut water (if desired) and keep refrigerated until use. You can use organic apple juice in place of coconut water if that appeals to you.

This is a great drink to use with lunch. Enjoy!